

Annex to the rules for children

These are additional additions for the age groups U8, U10, U12, U14, U16 and U18. All Points not mentioned can be found in the generally applicable rules.

Definition of age groups:

- U8 are fighters who in the calendar year in which the championship takes place have not yet had or are going to have their 8th birthday
- U10 are fighters who in the calendar year in which the championship takes place, have not yet had or are going to have their 10th birthday
- U12 are fighters who in the calendar year in which the championship takes place, have not yet had or are going to have their 12th birthday
- U14 are fighters who in the calendar year in which the championship takes place, have not yet had or are going to have their 14th birthday
- U16 are fighters who in the calendar year in which the championship takes place, the 14th have not yet had or are going to have their 16th birthday
- U18 are fighters who in the calendar year in which the championship takes place, have not yet had or are going to have their 18th birthday

II. JJIF Fighting System

II. Section 1: General

Fighters of the U8 age group are not allowed to fight in Part 1.

The fight time of the age groups U8, U10 and U12 is (1x) 2 minutes, from U14 (1x) 3 Minutes.

In the classes where the fighting time is only 2 minutes, in the case of a hikiwake (Draw) the new fight time is only 1 minute.

II. Section 2: Material

Classes U10, U12, U14, U16, U18 and U21 are required to have a mouth guard.

Male athletes in classes U10, U12, U14, U16, U18 and U21 are required to wear a jock strap / cup for protection.

II. Section 3: Categories

The weight classes by age group:

Women	U21	-45 kg	-48 kg	-52 kg	-57 kg	-63 kg	-70 kg	+70 kg			
	U18	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	-63 kg	-70 kg	+70 kg		
	U16	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	-63 kg	+63 kg	
	U14	-25 kg	-28 kg	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	+57 kg
	U12	-22 kg	-25 kg	-28 kg	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	+48 kg	
	U10	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		
Men	U21	-56 kg	-62 kg	-69 kg	-77 kg	-85 kg	-94 kg	+94 kg			
	U18	-46 kg	-50 kg	-55 kg	-60 kg	-66 kg	-73 kg	-81 kg	+81 kg		
	U16	-38 kg	-42 kg	-46 kg	-50 kg	-55 kg	-60 kg	-66 kg	-73 kg	+73 kg	
	U14	-30 kg	-34 kg	-37 kg	-41 kg	-45 kg	-50 kg	-55 kg	-60 kg	-66 kg	+66 kg
	U12	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	-46 kg	-50 kg	+50 kg	
	U10	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		
M/W	U8	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		

In the U8 age category, male and female fighters start together.

If necessary, classes and/or age groups can be combined.

In the U10 age category, if necessary, male and female fighters can be combined in one group.

II. Section 4: Judges

A table referee is not necessary for fights in the U8 age group.

II. Section 8: Points

Allowed techniques

U8: locks and strangulations (judge can, at his discretion, stop the fight and award points, if the technique is applied correctly)

U8-U12: An effective, controlled "Osae-komi" that lasts 10 seconds is awarded an Ippon.
An effective, controlled "Osae-komi" that lasts at least 7 seconds, but cannot be held for the full 10 seconds, is awarded a Wazaari.

U10 & U12: Following controlled techniques with semi-contact to the body without Head contact are allowed:

- Chudan: All kicks and all straight striking techniques
- Jodan: Uraken Uchi

U14 & U16: Atemi techniques to the head without contact (~ 10 cm distance = Ippon)

Forbidden techniques

U8-U16: Lower extremity locks are forbidden

II. Section 9: Penalties

Forbidden action (Chui):

- Fighting in Part 1 in the U8 age group
- Punching and kicking with contact to the head in age groups U10, U12, U14 and U16
- Lower extremity locks in the age groups U8-U16

II. Section 10: Regulation of the end of the fight

Full Ippon is considered reached in the U8 by gaining a 8 point lead (The fight is ended and scored with 50: 0 points for the winner).

The coach may stop the fight (tap) for his athlete in part 2 or 3 in the age groups U8-U18. In Part 2 the other athlete will be awarded with an Ippon (2 points), in Part 3 with an Ippon (3 points).

The coach may end the fight (surrender) in the age group U8-U18. The fight is then rated with "Kiken-Gachi" (14: 0).

III. JJIF Duo System

IIIa. Duo Classic System

IIIa. Section 3:

Categories

In the age category U8 men, mixed and women categories start together in one group and are only separated when necessary.

IIIa. Section 5:

Course of the fight

The following techniques are to be presented in the age classes:

U8: 2 techniques from the A series of your choice

U10: 3 techniques from the A series of your choice

U12: 3 techniques from series A and B of your choice

U14 & U16: Series A and B complete and drawn by the mat referee

The course of the fight is similar to that of the general class, but adjusted in terms of the number of series per age group.

IIIb. Duo Show System

IIIb. Section 1: General

In the U14 & U16, the team is free to choose 6 different attacks, at least 3 series A attacks and 2 series B attacks must be used. The presentation time may not exceed 1:30 minutes in classes U14 & U16.

In the U12, the team is free to choose 5 different attacks, at least 2 series A and 2 series B attacks must be used. The presentation time in class U12 may not exceed 1:00 minutes.

In the U8 and U10 3 individual techniques of the A series are presented. Similar to Duo Classic, however without announcement of the techniques by the mat referee. Attacks are supposed to be preceded by "pre-attacks" such as pushing, pulling or Atemi techniques.

In the U8, U10, U12, U14 and U16 age groups, it is not permitted to use weapons of any kind.

IIIb. Section 3: Course of the fight

After both teams have finished their demonstrations, the fight is over. At the command of the MR, both teams take the same position that they had at the start of the fight. After the command "Hantei", the judges raise the flags above their heads.

The MR then announces the winner by raising his hand and calling out the belt colour of the winning team.

IIIb. Section 4: Points system and evaluation criteria

The ratings are given by red or blue flags. The team for which more flags are raised wins. The secretariat notes the score (each flag is counted as 1 point). All evaluation criteria of the "Technical Score" and the "Show Score" are summarized.

IIIb. Section 6: No show and surrender

The decision "Fusen-Gachi" (victory by no-show) is announced by the MR to the team, whose opponents did not appear for the fight. "Fusen-Gachi" can be applied if the team was at least called three times within three minutes. The present team receives 3 points, the absent 0 points.

The decision "Kiken-Gachi" (victory by surrender) is announced by the MR to the team, whose opponents give up during the fight. The winning pair gets 3 the others 0 points.

IV. JJIF Ne Waza System

V. Section 2: Material

In classes U8, U10, U12, U14, U16, U18 and U21 it is recommended to wear a mouth guard.

V. Section 3: Categories

a. The fight times by age group:

U21	6 min
U14 U16 U18	4 min
U12	3 min
U8 U10	2 min

b. The weight classes by age group:

Women	U21	-45 kg	-48 kg	-52 kg	-57 kg	-63 kg	-70 kg	+70 kg			
	U18	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	-63 kg	-70 kg	+70 kg		
	U16	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	-63 kg	+63 kg	
	U14	-25 kg	-28 kg	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	+57 kg
	U12	-22 kg	-25 kg	-28 kg	-32 kg	-36 kg	-40 kg	-44 kg	-48 kg	+48 kg	
	U10	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		
Men	U21	-56 kg	-62 kg	-69 kg	-77 kg	-85 kg	-94 kg	+94 kg			
	U18	-46 kg	-50 kg	-55 kg	-60 kg	-66 kg	-73 kg	-81 kg	+81 kg		
	U16	-38 kg	-42 kg	-46 kg	-50 kg	-55 kg	-60 kg	-66 kg	-73 kg	+73 kg	
	U14	-30 kg	-34 kg	-37 kg	-41 kg	-45 kg	-50 kg	-55 kg	-60 kg	-66 kg	+66 kg
	U12	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	-46 kg	-50 kg	+50 kg	
	U10	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		
M/W	U8	-21 kg	-24 kg	-27 kg	-30 kg	-34 kg	-38 kg	-42 kg	+42 kg		

In the U8 age category, male and female fighters start together.

If necessary, classes and/or age groups can be combined.

In the U10 age category, if necessary, male and female fighters can be combined in one group.

V. Section 9: Penalties

	U8/U10 /U12	U14/ U16	U18/ U21	
1				1. Techniques that stretch the legs (banana split)
2				2. Choking technique with a neck lever
3				3. Straight foot or leg lock
4				4. Forearm strangling technique using the sleeves (Ezequiel Choke)
5				5. Front guillotine choke
6				6. Omoplata (Ude Garami with the leg executed)
7				7. Pull head down in the triangle
8				8. Armtriangle
9				9. Jump into the guard
10				10. Pressure on ribs and kidneys in the Guard
11				11. wristlocks
12				12. Single Leg (Ashi Dori) with the head on the outside of the opponent
13				13. Biceps slicer
14				14. Calf slicer
15				15. Kneebar
16				16. Toe hold
17				17. Slam
18				18. lock on the spine
19				19. Heel hook
20				20. Twisted knee locks
21				21. Foot locks with inward rotation
22				22. Lateral pressure against the knee
23				23. Toehold with inward rotation
24				24. Scissors throw (Kanibasami)
25				25. Finger / toe locks
26				26. Take-down where the opponent lands on the head or neck

V. Section 10: Regulation of the end of the fight

The coach may end the fight in the U8-U18 age groups. The fight is then scored with Ippon for the opponent (100: 0).